



**Our Vision**  
*To make Anchorage the first city  
without prejudice as the first step  
to eliminate racism in Alaska*

## Bridge Builders Newsletter

January 2010

### *Dear Members and Friends:*

We welcome this new year of 2010. This is a time of fresh resolve and new beginnings. Let us all work together to make our community better and more harmonious for all of us.

We hope you will join us in celebrating Dr. Martin Luther King, Jr. Day at 3pm on January 17 at the Performing Arts Center.



### January's special days include:

- 1 - New Year's Day
- 1 - Emancipation Day (African-American, United States)
- 1 - Sudan Independence Day
- 1 - Feast of St. Basil (Christian, Orthodox)
- 1 - Shogatsu/Gantan-Sai (New Year) (Shinto)
- 5 - Guru Gobind Singh's Birthday (Sikh)
- 6 - Epiphany (Christian)
- 6 - Three Kings' Day (Puerto Rico, Dominican Republic)
- 7 - The Nativity of Jesus Christ (Christian, Orthodox)
- 13 - Lohri (Buddhist, Hindu, Sikh)
- 16 - Religious Freedom Day
- 17 - World Religion Day (Baha'i)

- 17 - Martin Luther King, Jr. Celebration
- 18 - Martin Luther King, Jr. Day (observed) - 2010 theme:  
*Remember! Celebrate! Act! A Day On, Not A Day Off!!*
- 26 - India Republic Day
- 30 - Tu B'shvat or Tu B'Shevat (Jewish, Israel)

Wishing 2010 will bring out the best in every one of us in the coming year!

*Elsa Sargento, President*

There's a new way to reach out and help Alaskans. Apply for your PFD online and you can share part of your dividend with some of your favorite Alaska nonprofits. It's a chance for all of us to come together and give a little extra. Just Pick, Click, Give.

**Pick.  
Click.  
Give.**

**Give Cash. Make Change. For Alaska.**

PickClickGive.org

Please consider using *Pick.Click.Give.* to donate to **Bridge Builders of Anchorage** when you apply for your PFD online!

*We do not receive funding from any city, state or federal programs. To those who have already supported us, we thank you for your generosity!*

We hope you will help spread the word to increase awareness and support through 2010 PFD charitable contributions.

*Thank you for your support!*

## Be part of the movement

This may surprise you. Did you know that, here, in one of the most abundant states in the Union,

- there are 85,000 Alaskans who don't know where their next meal

## Cultural Events Calendar

Now available online at:

<http://www.bridgebuildersak.com/BridgeBuilders2009Calendar.pdf>

Please check back often for updates!

### Upcoming Bridge Builders Events:

**Dr. Martin Luther King Jr.**

**Celebration:**

January 17, 2010  
3:00pm

*Performing Arts Center*

**Meet the World in Anchorage:**

February 27, 2010  
11:00am-4:00pm

*Anchorage Museum at Rasmuson Center*

**March in the 4th of July Parade:**

July 4, 2010  
*Assemble at 10:00am at corner of 7th and G*

**Gala for Excellence in Community Service:**

will come from,

- 3,800 children suffering from abuse or neglect,
- and the average age of our homeless is nine years old?

With Pick.Click.Give., **one person can start a movement.** If we all work together, we can make significant change in our state.

Last year Pick. Click. Give. raised \$545,000 from 5,100 Alaskans, making it the second largest fundraising effort in Alaska. This year, we want to double this success.

Be part of the movement.

Commit to give part of your dividend to at least one organization this year (\$25 minimum). **If each filer gives just \$25, together we can raise \$15 million!**

See this year's Pick. Click. Give. video on YouTube ([www.youtube.com](http://www.youtube.com/watch?v=GNd-bU9NKel) <<http://www.youtube.com/watch?v=GNd-bU9NKel>>) and be part of the movement. And pass it on.

## \* Board Spotlight \*

*"Meet" a new member of the Bridge Builders board of directors here every month!*

### **SJ Klein**

*Jewish American*

SJ is a business consultant in Anchorage Alaska, helping new and existing businesses assess their financial prospects and plan for the future. His family moved to Anchorage when he was six months old, and has called Anchorage home ever since. He has been a member of Bridge Builders since 2000, and has worked to help make the organization more sustainable through corporate giving programs, increasing member donations, and paid services. He has been on the board since 2006. He is treasurer of two other boards, Alaska Moving Image Preservation Association, and Girdwood Forest Fair, and has started a new business in Anchorage: Alaska Sprouts, providing Alaska with fresh mung bean and sandwich sprouts.

SJ's interest in Bridge Builders comes from growing up here, where Jews were so few in number that they weren't even considered a minority. He lives in Fairview, and believes Anchorage's diversity makes it a richer and more welcoming place to live.

**Bridge Builders is on Facebook**

*Date and Location to be announced in 2010*

**International Potluck:**  
November 2010  
*Date and Location to be announced in 2010*

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If you would like to volunteer on a committee for Bridge Builders, please call: 277-1882.

\* \* \*

### **The Pledge of Mutual Respect:**

"We the people of Anchorage, Alaska, pledge to respect one another, celebrating the differences that make us unique: our customs, spiritual beliefs, cultures, colors, dreams and ancestral traditions. Standing together, hand in hand, young and old, we affirm that through mutual respect we can build a stronger, more harmonious community, a more unified nation and a better, safer world."

*Bridge Builders is membership-based and is a registered 501(c)(3) tax-exempt non-profit*

Come join and visit us at:  
<http://www.facebook.com/people/Bridge-Builders/1761601918>

## 2010 Martin Luther King, Jr. Holiday Celebration!

Please join the MLK Foundation of Alaska and hundreds of other Alaskans in service and celebration.

### January 17 at 3:00 PM FREE Annual Holiday Commemoration

Alaska Center for the Performing Arts - 621 West 6th Ave  
Bringing the Anchorage community together for the annual Martin Luther King Celebration: "Anchorage - one people, one purpose and one community" a celebration of Unity and Diversity. The highlight of this event is the citywide MLK Community Celebration Choir - a large and diverse group of singers and musicians from around the city. The choir is a showcase of fantastic talent around the Anchorage community, and this year will be led by the esteemed music director John David Bratton from New York. Also this year will feature ten diverse dance groups from the Samoan, Hmong, Hispanic, Japanese, African-American, Alaska Native, Irish, Russian, Thai, and Polynesian Communities. The fabulous East High Symphonic Band will round out the musical portion of our program. This year's keynote speaker will be Senator Mark Begich, former mayor of Anchorage. There will be other comments and well wishes from dignitaries around our community.

### January 18 -9:00 AM to 4:00 PM

#### Free All-Day Legal Clinic

Mt. View Boys & Girls Club -315 Price Street  
Free legal advice by volunteer attorneys in Family, Landlord-Tenant Laws, and Public Benefits Law. Hosted by the Alaska Bar & the Alaska Court System.

### January 18 at 11:30 AM

#### Day On of Service Holiday Program

Mt. View Boys & Girls Club -315 Price Street  
Food, entertainment, resolutions, proclamations, and other presentations by Alaska officials.

### January 21 at 7:30 PM

#### UAA Student Activities Presents: An Evening with Nikki Giovanni

Location: Wendy Williamson Auditorium; Free Admission; Doors open at 6:00 pm.

*For more information, please call 632-6219.*

## The Anchorage Museum

### Alaska Design Forum

7 p.m., 1/11/2010

Lecture: Marian Bantjes is a Canadian typographer, designer, artist and writer. Her

organization.

Our 2008 Annual Report and membership forms can be found on our website:  
[www.bridgebuildersak.org](http://www.bridgebuildersak.org)

*Core Purpose:*  
To promote and celebrate harmony and respect among all cultures.

*Core Values:*  
Dignity/Respect/Personal  
Trust/Openness/Personal  
Commitment/Activism

Join us and discover a whole new world!



2010 Bridge Builders  
of Anchorage

Board of Directors  
and Staff:

Elsa Malapit Sargento  
Filipino American  
President

personal, obsessive and sometimes strange graphic work has brought her international recognition, and is included in the permanent collection of the Cooper-Hewitt National Design Museum (Smithsonian) in New York. Admission \$10 general, \$5 student. For more details, visit [www.AlaskaDesignForum.org](http://www.AlaskaDesignForum.org).

### **Science for Alaska Lecture Series**

**7 p.m., 1/20/2010**

"New Energy for Alaskan Communities" presented by Gwen Holdmann of the Alaska Center for Energy and Power. Free.

### **Cook Inlet Historical Society lecture**

**7:30 p.m., 1/21/2010**

Transfer of the Alaska Railroad

7:30 p.m. Thursday, Jan. 21

Jim Blasingame, executive vice president of Alaska Railroad Corporation, discusses the railroad's transition from federal to independent ownership. Free. For more information contact Jim Barnett at [jbarnett@alaska.com](mailto:jbarnett@alaska.com)

### **Drop-in art class: Figure Drawing**

**6:30 to 8:30 p.m., 1/21/2010 (and 1/28)**

Thursdays Jan. 21 through March 25.

Artist Hugh McPeck teaches a five-week course for adult students on the techniques of figure drawing. The course concludes with five weeks of open studio time. Students provide supplies. Series: \$170 member/\$190 non-member Drop-in: \$20 per class

More events and information at [www.anchoragemuseum.org](http://www.anchoragemuseum.org)  
907-343-4326

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## **Anchorage Public Library Events**

### **LUNCH AND LEARN**

**Friday, January 15, 12 noon**

Loussac, Public Conference Room, level 1

Join Maestro Randy Fleischer for our noontime brown bag as he discusses the stirring "**Pride of Alaska**" January Classic Concert that includes a world premiere of a Musica Nova Commission. Co-sponsored with the Anchorage Symphony Orchestra.

### **GRAMMY WINNER BILL HARLEY IN CONCERT**

Two-time Grammy winner and recipient of the Magic Penny Award from the Children's Music Network, Bill uses song and story to paint a vibrant and hilarious picture of growing up, schooling and family life. A prolific author and recording artist, Bill is a regular commentator for NPR's All Things Considered. Seating is on a first come, first served basis for these **FREE** concerts.

**David Alexander**  
*English German*  
Vice President,  
Board Development

**Ellsworth James, PhD**  
*African American/  
Lipan Apache*  
Vice President,  
Public Relations

**Donna Stephens**  
*Anglo American*  
Treasurer

**Angela Jimenez**  
*Dominican American*  
Secretary

**Malcolm Roberts**  
*Anglo-American*  
Immediate Past President

**Pastor Thomas Davis**  
*African American*

**Lusiana Hansen**  
*Samoan American*

**SJ Klein**  
*Jewish American*

**Jim LaBelle**  
*Inupiaq*

**Gabrielle LeDoux**  
*Eastern European*

**Modou E. Manneh**  
*Gambian*

**Barbara Niziol**  
*Polish American*

**Mabel Pike**

Loussac, Wilda Marston Theater, level 1  
Friday, January 22, 7 pm

Chugiak-Eagle River, Community Room  
Saturday, January 23, noon

Fairview Recreation Center  
Saturday, January 23, 4 pm

**LOOKING FOR WORK? APL CAN HELP!**  
Thursday, January 28, 3pm  
Loussac, Public Conference Room, Level 1

Learn how to use tools to give you a leg up in the job market, including print and electronic resources for job searches.

More events and details at:  
<http://lexicon.ci.anchorage.ak.us/events/Newsletters/currentnews.pdf>

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## Alaska Native Heritage Center

**Native Theatre Festival**  
January 23, 2010 - 10 a.m. - 5 p.m.

Alaska's Native Theatre hits the Big Time with the Alaska Native Heritage Center's first annual Native Theatre Festival, a vibrant celebration of stories and the many ways we tell them.

**Drama** ... *Wings of Night Sky, Wings of Morning Light* - Joy Harjo combines character-driven narrative with tales inspired by the traditions of her people - and takes a few turns blowing a mean jazz saxophone. An allegorical work of tremendous power, *Wings* demonstrates how theater and art can bring life full circle.

**Comedy** ... hold on to your seats for a wild, roller-coaster ride with the hilarious hit of the season, *Raven's Radio Hour* - the real one hour version!

**Dance** ... Ancient practices come alive as Yup'ik and Sugpiaq masks are danced for the first time.

**Collaboration** ... *Celebrate - Song, Dance and Story!* a presentation of

*Tlingit*

**Melvin Williams**  
*African American*

**Arthur Yang**  
*Hmong*

\* \* \*

**Denée Dubeau Zah**  
*Finnish Irish*  
*French-Canadian*  
Administrative Assistant

**Elissa Regan**  
*Irish Welsh*  
*German English Iroquois*  
AmeriCorps Member

Please join us in thanking  
**our wonderful  
partners and  
sponsors**  
for their support:

Alaska AFL-CIO

Alaska Airlines

Alyeska Pipeline  
Service Company

Anchorage Daily News

Anchorage East Rotary

Anchorage School  
District

BP

Census 2010

the ECHO Performing Arts Festival production representing the indigenous cultures of Alaska, Hawai'i, Mississippi and Massachusetts. Under the direction of Tau Dance Theater of Honolulu, Hawai'i, the artists have created a performance piece infused with the oral tradition, dance and music of all of their regions. This year's theme focuses on the importance of oral tradition through storytelling, songs and dance and how each have provided physical, spiritual and mental health to each culture since time immemorial.

**Films** ... in the Theater throughout the day

For more details, go to

[http://www.alaskanative.net/en/main\\_nav/plan\\_visit/calendar\\_events/theater\\_festival/](http://www.alaskanative.net/en/main_nav/plan_visit/calendar_events/theater_festival/)

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## Anchorage Youth Development Coalition

*Youth Happenings*

### ¿Que Pasa

Help spread the word! Que Pasa? Anchorage has a new

Web address: [www.facebook.com/QuePasaAnchorage](http://www.facebook.com/QuePasaAnchorage)

This important site provides current listings of constructive opportunities for youth to get involved with community affairs or to participate in positive recreational activities. You don't need a Facebook account to access this page.

### 50 Bikes / 50 Kids

#### **Martin Luther King, Jr. Day 2010**

*Make it a day on, Not a day off!*

Service based project to recognize Anchorage youth who may otherwise not receive recognition for performing an outstanding service for their community and/or have assumed an extraordinary role within their family. Academic or athletic achievement will not be considered in the selection or recipients. 50 teams of volunteers build 50 new bikes, for 50 Anchorage youth ages 9-17 years. Youth will be nominated by local service agencies. Nomination criteria are based on "The Six Pillars of Character: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship."

*Location:* Spenard Recreation Center, 2020 W. 48th Avenue

*Tentative Schedule of Events:*

9am-4pm Monday, **January 18, 2010**

9:00 am Set up

11:00 am Welcome Volunteers and Bike Building

CIRI

Conoco Phillips

First National Bank  
Alaska

Immediate Care

Ninestar Education &  
Employment Services

Wells Fargo

4:00 pm Clean up & Shut down

*Contacts:*

Abbey Harding, Recreation Programmer, [hardingas@muni.org](mailto:hardingas@muni.org) 343-4121  
Nancy Beardsley, Volunteer Coordinator, [beardsleynj@muni.org](mailto:beardsleynj@muni.org) 343-4288  
Jamie Acton, Mobility Coordinator, [actonjm@muni.org](mailto:actonjm@muni.org) 343-8254

### **Recognizing Good Kids**

Started more than a dozen years ago, *Good News! Great Kids!* is a partnership between the Mayor's Office, the Anchorage Daily News, AT&T, and the University of Alaska. This year more than 70 nominees were submitted. From that group, 22 were interviewed by a committee representing all of the partners, and 10 winners were ultimately chosen.

**2010 deadline is 5 p.m. January 29th.** For more information:

<http://www.muni.org/departments/mayor/greatkids/Pages/default.aspx>

More events, scholarship opportunities, news and details at:

<http://www.aydc.org/>

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## **Alaska World Affairs Council**

Jan. 15, 2010

**"The Sudan Medical Project"**

Speaker: Jack Hickel, MD, ABFP, DTM&H.

Jan. 29, 2010

**"Why Africa is Poor"**

Speaker: Prof. George Ayittey -  
Distinguished Economist in Residence at American  
University in Washington, D.C.

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AWAC weekly luncheons location: Hilton Hotel  
Doors open at 11:30 a.m. - Program begins at 12:00 p.m.  
RSVP by telephone 276-8038 or by email to [info@AlaskaWorldAffairs.org](mailto:info@AlaskaWorldAffairs.org).  
Lunch Program \$20 for Members - \$25 for Non-Members - \$6 for Coffee Only

For more information, go to <http://www.alaskaworldaffairs.org/>

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## **GET CAPTIVATED, ANCHORAGE!**

Single Tickets Now On Sale!  
Spend time with your family and AJT.

## TAP KIDS

"High School Musical meets Stomp."

Thursday & Friday,  
February 4 & 5, 2010  
7:30 PM Atwood Concert Hall

Eight of the nation's most talented young tap dancers create TAP KIDS: a Broadway-caliber show that takes this traditional dance form to new heights in an electrifying performance that is hip, contemporary, and uplifting. In a series of musical vignettes, New York Stage Originals' stage show "TAP KIDS" tells the story of high school kids facing challenges as they prepare for the big school dance and graduation.

### UPCOMING SHOWS:

- Borders of the Mind: The Psychic Show for the Whole Family
- Stone Soup & Other Stories

For more information call 272-7513 or 263-ARTS. Or visit our web site at [akjt.org](http://akjt.org)

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### Alaska Dance Promotions

## DANCE!

Registration for Alaska Dance Promotions Performance Company  
**January 16, 2010, 5pm to 7pm Saturday**

*This is a performance dance team for beginners to advanced dancers who are interested in learning dance and performance opportunities. Company participants also receive an ADP discount card which provides for discounts off group classes, practice nights and special events. Cost is \$ 45.00 per month per dancer. Regular practices will begin after registration, weekly on Saturdays 5pm to 7pm at the Alaska Dance Promotions Studio 300 E Dimond, next to Kinko's.*

First Quarter Schedule:

**Progressive Salsa Series** begins January and runs until February  
Monday nights 7pm to 8pm  
**Progressive Rumba Series** begins January and run until February  
Thursday nights 7pm to 8pm

The group classes open to all levels are \$12.00 per person per class:

**Latin Social Dances** Mon to Thurs 5pm,  
**Children's Dance Basics** Mondays 4pm,  
**Ballroom** Tuesdays at 6pm,  
**Hip Hop** Tuesdays at 7pm,  
**Modern Contemporary** Wednesdays at 6pm,  
Thursday **Swing** at 6pm,

Private Lessons available in all dance types 8 to 10 pm weekdays, 9am to 9pm Weekends.  
**Dance Practice** nights are Saturday 7pm to 10 pm. \$ 6.00 for drop ins.

Feel free to call for details, or visit [www.AlaskaDancePromotions.com](http://www.AlaskaDancePromotions.com)

Municipality of Anchorage

## FREE H1N1 FLU VACCINATION CLINICS

The Municipality of Anchorage Department of Health and Human Services has planned a series of public clinics to administer H1N1 vaccine. These clinics are free of charge and do not require an appointment.

DHHS will do its best to accommodate vaccine preferences based on supplies on hand. Clinics will run for the duration of the time listed unless vaccine supplies are exhausted.

These clinics are open to the general public, not just those in priority groups.

Tuesday, **January 19**, 5-9pm

Central Middle School

Tuesday, **January 26**, 5-9pm

Begich Middle School **LAST**

**PUBLIC CLINIC!**

Please call the flu hotline at 343-2525 if you need additional information.

Get pre-registration forms and more info at:

<http://www.muni.org/departments/health/pages/default.aspx>

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VOLUNTEERS NEEDED

## Project Homeless Connect

Join us in connecting Anchorage's homeless community with services.

Wednesday, 27 January 2010

9 AM - 5 PM

Egan Convention Center

555 W 5th Ave (Lower Level)

Volunteer Shifts Available:

[www.alaskan aids.org/ProjectHomelessConnect.html](http://www.alaskan aids.org/ProjectHomelessConnect.html)

VOLUNTEER TODAY!

793-3457 or [mmontalbo@citci.com](mailto:mmontalbo@citci.com)

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## JOB OPENING

The Alaska Council of School Administrators is accepting applications for the Executive Director position through **January 31**, 2010.

The council is a nonprofit tax-exempt corporation. It serves as the umbrella for four educational leadership organizations: Alaska Association of School Administrators, Alaska Association of Elementary School Principals, Alaska Association of Secondary School Principals, and Alaska association of School Business Officials.

The Executive Director of the council also will serve as Executive Director of the Alaska Association of School Administrators. The successful candidate will be knowledgeable about public education in Alaska and the legislative process, be a skilled writer and communicator, and have administrative experience in a public school setting in Alaska.

For more information, see <http://www.alaskaacsa.org>

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## STUDENT TRAINEE OPPORTUNITY

Education Specialist (National Park Service Alaska Region)

Student Career Experience Program (SCEP) Interns. Valuable work experience, directly related to academic field of study and career goals, is offered to students through this program. The program provides formal periods of work and study while the student is attending school. Students can avail themselves of such flexibilities as year-round employment and flexible work schedules and assignments. After successfully completing education and work requirements, the student may be offered a permanent Federal job.

The Alaska Region has an exciting new developmental opportunity for the right student! We are looking for an enthusiastic and qualified Masters Degree student in the field of Natural Resources, Environmental Education, Interpretation, or Education.

If you have questions, please don't hesitate to call me or Steven Schaller, Glacier Bay National Park (907) 697-2650. The trainee description, park information, qualification and education criteria, application process, etc. are provided in an outreach announcement pdf which can be emailed upon request.

Don't wait to apply; the deadline is **January 29, 2010**. We look forward to talking to you!!!

Tonyua Abrom, EEO, Diversity & Recruitment Manager  
National Park Service, Alaska Region  
(907) 644-3348 (voice); (907) 644-3818 (fax)  
(907) 240-5078 (cell)

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## New Scholarship Program for Immigrant Families

Western Union Foundation Announces New Scholarship Program for Immigrant Families

**Deadline: February 5, 2010**

The Western Union Foundation's Family Scholarship Program is a new educational initiative for migrants, immigrants, and their families in the United States. It is intended to

help two members of the same family move up the economic development ladder through education. Scholarships may be used for tuition for college/university education language acquisition classes, technical/skill training, and/or financial literacy. All applicants must be 18 or older. The country of origin for at least one of the applicants must be outside the U.S. Recipients are eligible to receive scholarships in amounts of \$1,000 to \$5,000 per family.

Visit the Western Union Foundation Web site for complete program information:

<http://foundation.westernunion.com/ourProgramsScholarships.html>

*Angelina Estrada-Burney, President  
Hispanic Affairs Council of Alaska*

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### EXCITING OPPORTUNITY

The Census Bureau is offering an exciting opportunity to enhance job skills, further careers and improve communities. The new Local Census Office in Anchorage, Alaska is beginning operations for conducting the 2010 Census, and office jobs and field jobs throughout the state are now available. For job descriptions and to find out how to apply, call 1-866-861-2010 or go online to:

<http://www.census.gov/2010censusjobs/index.php>

The count of the population in the United States, otherwise known as the Census, occurs once every ten years. **Data collected from the Census is essential to determining the distribution of over \$300 billion dollars of federal funding to tribal, state and local governments as well as non-profit organizations each year. This helps to fund schools, roads, emergency services and community services.**

*Bridge Builders of Anchorage is pleased to partner with Census 2010 due to its importance to the multicultural communities of Anchorage.*

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### H1N1 OUTREACH IN MANY LANGUAGES

The 2009 H1N1 flu continues to pose a significant threat to public health. This virus is particularly affecting pregnant women, children, young adults, and people ages 25 through 64 with medical conditions, such as asthma, heart disease, lung disease, and diabetes.

As the flu season continues, your help is important in spreading the word about the 2009 H1N1 virus, particularly to individuals who are traditionally harder to reach with health messages, including those who do not have access to the internet or have trouble reading.

The links below include four fact sheets with multiple versions of each to address Spanish language and race and ethnicity differences.

**(a) Protect yourself from H1N1.** Get the vaccine.

a. English for African Americans

[http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_vaccine\\_safety\\_ver2.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_vaccine_safety_ver2.pdf)

b. English for Asian and Pacific Islanders

[http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_vaccine\\_safety\\_ver1.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_vaccine_safety_ver1.pdf)

c. English for American Indian and Alaskan Natives

[http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_vaccine\\_safety\\_ver4.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_vaccine_safety_ver4.pdf)

d. English for multicultural audiences

[http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_vaccine\\_safety\\_ver3.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_vaccine_safety_ver3.pdf)

e. Spanish for non English-speaking Hispanics

[http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_vaccine\\_safety\\_sp.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_vaccine_safety_sp.pdf)

**(b). You and the H1N1 flu vaccine.** 2009 H1N1 flu vaccine is given in two ways.

a. English version [http://www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1\\_safety\\_flyer.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1_safety_flyer.pdf)

b. Spanish Version [http://www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1\\_safety\\_flyer\\_sp.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1_safety_flyer_sp.pdf)

**(c). Children should get the vaccine.** Most children who get 2009 H1N1 flu feel better within a week.

a. English version [http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_children.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_children.pdf)

b. Spanish version [http://www.cdc.gov/flu/freeresources/2009-10/pdf/09\\_h1n1\\_children\\_sp.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/09_h1n1_children_sp.pdf)

**(d). Cover Your Cough.** Stop the Spread of Germs that Make You and Others Sick!

a. English version [http://www.cdc.gov/flu/protect/pdf/cdc\\_cough.pdf](http://www.cdc.gov/flu/protect/pdf/cdc_cough.pdf)

b. Spanish version

[http://www.cdc.gov/flu/protect/espanol/pdf/covercough\\_school\\_8x11\\_sp.pdf](http://www.cdc.gov/flu/protect/espanol/pdf/covercough_school_8x11_sp.pdf)

Heard a rumor about H1N1? Visit **Myths & Facts** to run a fact check and learn the truth. An additional resource is the CDC hotline, 1-800-CDC-INFO (1-800-232-4636), which

offers services in English and Spanish, 24 hours a day, 7 days a week.

We encourage you to visit [Flu.gov](http://Flu.gov) for more free resources and one-page handouts available in Arabic, Chinese, French, German, Italian, Korean, Russian, Spanish, Tagalog, and Vietnamese.

Please share this message with your family, friends, co-workers and networks today. Let's work together to help keep our communities safe and healthy.

### **Refugee Assistance & Immigration Services (RAIS) Winter Update**

HAPPY NEW YEAR! This fall has been a good lull in refugee arrivals since our busy summer, helping us catch up and breath! We are looking forward to the year ahead as we continue to work with Bhutanese, Somali and Sudanese but also add more Iranian and Iraqi refugees to our community as well.

EXPECTED ARRIVALS between January 1, 2010 - September 30, 2010:  
Right now we expect 116 new refugee arrivals direct from UN processing.

SOMALIA -- 6 family units (all of 7-8 people each) and one single person: 45 people total

IRAQ -- 6 family units and 3 single adults: 32 people total

BHUTAN -- 5 family units and 9 single adults: 25 people total

SUDAN -- 1 family unit and 2 single adults: 5 people total

RUSSIA -- 1 family unit: 5 people total

IRAN -- 3 single adults: 3 people total

ERITREA - 1 single adult (possibly a second coming as well): 1-2 persons total

#### **HOW WE ARE DOING:**

As of the end of November we were leading the state as a DPA case management contractor in closing public assistance cases due to employment. In addition we have a 78% success rate in obtaining full time employment for refugees in their first 6 months in the US (higher if you count part time!).

#### **MEDIA COVERAGE:**

Refugees in the program have been featured in two on-line webcasts recently. The first is from UNHCR and we are very honored to be on this site. The story interviews one of our very first Sudanese families to be

resettled to Alaska, a year after they arrived:

<http://cts.vresp.com/c/?CatholicSocialServic/6de31eabd1/275a291f48/fc5a833107/page=search&docid=4b2f9b8d9&query=alaska>

Second, a new on-line webcast called the ALASKA DISPATCH focuses on the Bhutanese refugees in Anchorage.

<http://cts.vresp.com/c/?CatholicSocialServic/6de31eabd1/275a291f48/67f9993305>

#### PROGRAM UPDATES:

We have filled all our vacancies at this time! At this time staff in the office speak the following languages fluently: Russian, Spanish, Nuer, Somali, Urdu, French, Hmong and we have on-call staff who speak Arabic and Nepali.

For those of you who use it, our CSS website listing interpreters has been updated which means the list has slimmed a lot but the names listed have current and working emails and phone numbers.

#### DONATIONS NEEDED:

The holidays always bring wonderful donations, but don't forget us in the New Year as you clear out the old to bring in the new! Especially appreciated are phone cards (for international calls), NEW pillows and NEW carseats (we can't use second hand for these) and blankets (second hand are great).

Thanks in advance for your support. We look forward to 2010, welcoming refugees and working in partnership with all of you.

Karen Ferguson, Ph.D.

Program Director/ State Refugee Coordinator

[Kferguson@cssalaska.org](mailto:Kferguson@cssalaska.org)

*Catholic Social Services - Anchorage*

907-222-7300 <http://www.cssalaska.org/>

**Is there something happening in your community that you would like to see included here? Please email the details to us at least one week prior to the end of the month at [bridgebuilders@bridgebuildersak.org](mailto:bridgebuilders@bridgebuildersak.org).**

**Thank you for sending us information about your special event. We think this tool will help keep you informed and give you options for activities of interest.**

#### Contact Information

Bridge Builders of Anchorage

phone: 277-1882 fax: 277-1883

email: [bridgebuilders@bridgebuildersak.org](mailto:bridgebuilders@bridgebuildersak.org)  
website: [www.bridgebuildersak.org](http://www.bridgebuildersak.org)

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